

# The Fountainhead of Joy

1994-05-20

- 1994-0520-001 Indeed, beloved and holy and only Child of our Heavenly Father, Child of Light divine, I am the one known as Jeshua ben Joseph, and it is in great joy that I come to abide with you this evening in your timing, as you have chosen to set aside this time to abide with me in this manner.
- 1994-0520-002 It is not by accident that you are calling forth the experience called "Joyous Expectations," for that is your true nature as the holy Child that you are: to be joy, the joy of the Father expressing upon this plane. I do not come with my greeting each evening just for the flowery words of saying that I come in great joy. This is the Truth of my being, as it is the Truth of your being.
- 1994-0520-003 I abide in joy eternally for I know myself to be the holy Child of our Heavenly Father - as you are - and when the holy Child awakens and knows herself/himself to be whole - which is what the word "holy" means: it means to recognize your wholeness, your unlimitedness - when the holy Child awakens into the fullness of the unlimited Love that you are, there is nothing left to do but to be in joy. There is nothing left to do but to be in laughter and to see that all of the experiences that you have chosen have been as a grand adventure for the sheer fun of expressing.
- 1994-0520-004 **You have chosen every experience known as every lifetime in order to know what that would feel like as the grand actor upon the stage that you are. And truly, all of you are grand actors and actresses. You get into each part, each script as it would be, and you play it to the best of your ability. Sometimes you play it with great energy and sometimes you play it with a melodrama. You play it to the best of your ability in each moment.**
- 1994-0520-005 I am here to remind you to play as the holy Child that you are, to play, yes, not a part that you would see scripted upon the stage, but to play Who you truly are as the Child, as the whole Child of our Heavenly Father, and to play in joy.
- 1994-0520-006 This one known as your beloved sister, the one known as Avis, has followed my request, often my wording, to choose certain words as expression which will be as remembrances for you of Who you are. Be very vigilant in each moment with the words that are spoken to you and through you. Be aware of the meaning behind the words, for you are the one who is calling forth

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the words and they are your messengers as well as being the messages for others.

- 1994-0520-007 Every word holds within it a treasure. If you will take even your name that you have chosen in this lifetime, and you will abide with your name and take it back to its root source, you will see your true nature - as with the one called "Angela." It is not by accident that you have chosen to call yourself Angela in this lifetime. It is to remind yourself of the angel that you are, of the Light being. All of you have chosen the name that you express with in this lifetime for a reason. It is as a remembrance of Who you are.
- 1994-0520-008 It would be a fun thing for you to do sometime if you ever find that you have nothing else to do - and I know that never happens upon this plane - but if you are ever abiding in silence and wonder, "What would be a fun thing to do?" trace your name back in the language, back to its root source to see what it means, and you will find a great treasure in your name. It is not by accident that you have called yourself "Roy," for you are truly the Son of a King. You are royalty. Every name of every one in this room holds a grand gift for you. It is fun to play with it.
- 1994-0520-009 Holy Child, did you remember the eyebrows? Yes. All of you who were here last evening were given an assignment to look upon each one of your brothers and sisters and to study the eyebrows. Such a miracle of expression - and just one of the miracles of expression that you call forth in every moment, for as we spoke last evening, no two eyebrows are the same, even upon the same face. And is that not a miracle?
- 1994-0520-010 And even more do you call forth in each moment. You are a beauty. It is my grand joy to be with you and to connect heart to heart with you. Thank you, beloved one, for being the servant of our Heavenly Father. It is not only in this lifetime that you have seen that as your mission, so to speak. Many other lifetimes you have been the servant as well, and I thank you.
- 1994-0520-011 And this is true not only of this one to which we have just spoken. It is true of all of you. All of you have lived what you would see as lifetimes where you have shared with others your spiritual insights. You have been as the leaders of your group, of your tribe, even of your nation as you would see it, and you have shared with others the inner wisdom known as insights with each of your brothers and sisters who had the ears to hear and the eyes to see and the heart that would act.
- 1994-0520-012 It is not by accident that you find yourselves again assembled in this room together. And I would thank my beloved brothers and beloved Elder for changing the configuration {of the seating} of this room, for does it not give

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a more expansive feeling? Yes. And yet, I will share with you, when you come in on the morrow you will probably find it rearranged again. It is the flexibility of the creative Child coming forth.

- 1994-0520-013 It is as when you were with me in the lifetime that is so famous as Jeshua ben Joseph and we met upon the hillside. You were always finding the spot upon the hill or the comfortable rock or putting your cloak under you to make it more comfortable, and from time to time you would shift your position and the whole configuration of the multitude would change about. You were never in a set chair in a set place in those days. Why should it be different now? It is not. You have the freedom of the holy Child to move about as suits you.
- 1994-0520-014 So there is a chance, a possibility, that when you come in on the morrow you may find the configuration different again, and we know that you will easily adjust, as you always have, and as you are able, even now, to pick up the chair and to walk if it does not feel comfortable. That is your freedom.
- 1994-0520-015 The Fountainhead of Joy. If you will receive it, beloved ones, you are your own fountainhead of joy in that you are never separate from the Source of your Being. You are never separate from our Heavenly Father, Whom you would see as the Fountainhead of Joy, which He/She is. I have been spoken to that it no longer is appropriate to say "He." It is "He/She" - or in some cases we will call it the Holy "It."
- 1994-0520-016 {Smiles.}
- 1994-0520-017 You are your own source of joy. You are the fountainhead of your joy when you remember Who you are and when you allow it to express in freedom, to no longer be conformed unto the world and to the voice of the world that would say that you should be a certain way, that you must adhere to certain rules and regulations, certain images of what is of value - and know you that this changes from society to society and time to time. What has been seen as a value in one society is not recognized as value in another society or in another day and time.
- 1994-0520-018 The values of the world change but Who you are never changes. You are your Heavenly Father's only Child, created before time was. And when the purpose of time has been fulfilled, you will still be Who and What you were created to be: always, eternally expressing as the Light and the Love that you are.
- 1994-0520-019 I would share with you this evening a story, if you will, a story that starts out "Once upon a time" - before time was. Our Father thought to create like Himself, and with that thought you were born as the Light that you

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are, as the perfection of the Light that you are. You, as the great ray of Light that you are, knew yourself to abide in the Kingdom of our Heavenly Father. You knew yourself to be totally whole, holy. You knew yourself to be in the Kingdom.

- 1994-0520-020 And the creative holy Child that you are - creative because you are the Child of the Creator - wondered, "What is within the Kingdom of my Father? What does it look like? What are the parameters? What can I experience in this Kingdom?" And with that very thought - those questions - was born all of the adventures, the grand adventure that you are on. For the holy Child asked himself/herself/itself, "What can I experience?" And with that question we began to experience. We began to create. Thus, you started on what was known as your first adventure, your first adventure into matter. For you desired to know, "How does it feel to create? What can I create?" And with that thought creation came forth: matter, as you know it, molecules, vibration at different frequencies, came forth.
- 1994-0520-021 You created the Heavens and the Earth, the universes. For does it not say in your Holy Scriptures "Let us create"? And we as the expression of the Divine Light that we are as the holy Child, as the One that we are, began creation.
- 1994-0520-022 With creation came the next question: "What would it feel like to experience being in our creations? What would it feel like to be in matter? What would it feel like to express as matter?" And with that very question we became as the first atom of energy, and we attracted unto ourselves other atoms and it grew, as you would see, in size, in form, and we created what is known as man in the image and in the likeness of God - of the God that we are.
- 1994-0520-023 Some of these creations were very interesting creations and you have read about them and you have heard about them in your legends in what is known as mythology. And yet, I would ask of you, when you would think that this is not something that has happened, I would ask of you, where does this thought come from that there are the stories of mythology? They are based on something that you know. They have just not come from nowhere. They have come from your own, as you would see it, history, from the mind of the holy Child.
- 1994-0520-024 You desired to express in physical form. How would it feel to collect, because of consciousness, the molecules of physicality unto yourself and to express in a form? You are not the form, as we explained last evening. You are the energy that collects the form to you in the design pattern that you

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have chosen, and this is not the only design pattern in which you have expressed. You have tried on all different kinds of suits, as it would be. Some heavier. Some lighter.

- 1994-0520-025 You express even now, if you will receive it, as a Light being upon another dimension - many other dimensions, if you will receive it - as the Light being that you are. You have known how it feels to be the angel, for how would you know what an angel does if you had not experienced being an angel? Perhaps not flying with the wings the way they are depicted - with the wings upon the back - but with the Light that you are. That is what the wings represent. They are not wings in a physical sense, but they are the Light that you are that propels you forward. You have been the angel, all of you.
- 1994-0520-026 You have been the ones that you would see that swam in your great oceans in the beginning of time. You were the ones who enjoyed frolicking with the dolphins, as they are known. Why think you there is such a resurgence of interest and a bonding with the ones known as the dolphins, the ones known as the whales even in this time, your day and time now? It is a remembrance of the times when you swam with the dolphins and you were one with them.
- 1994-0520-027 You understand now, at what would be a heart level, you understand what they are experiencing and what they are telling you. That is why you see a wave of what has been called ecology, the awareness of our Holy Mother, the Earth, and all life forms that are upon the Earth, why there is such a wave sweeping the planet, as it is, of awareness of oneness. You have been the dolphin. You have been the great whales. You have been the grand dinosaur for you desired to experience all life forms.
- 1994-0520-028 Now, there are many in your world who would say that no, you have always been in the design pattern that you are. This is all that man/woman has ever been. But would you not consider that to be bit of a limited thought? Would you not ask yourself how you know what it would feel like to fly? When you look upon a tiny bird or when you look upon one of your giant eagles, your giant birds, and you know what it would feel like to soar on the wind, where does that knowledge come from? For you in the design pattern as you sit in the chair, you have never flapped the wings and been up above in flying and yet you know how it feels to soar above the treetops. There is a relatedness. In your computer language you would say that it computes. There is a memory. You are totally unlimited. Let no one say unto you that you are just what is expressing right here. That is a percentage of you and it is beautiful, but it is not all of Who you are. And thank God, and thank

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yourself for that. You are much more. That is your hope of glory. That is your Truth. That is your Fountainhead of joy. As you let go of the limiting image, the self image that we - and I include myself in this for there was a learning and a releasing, a remembering that I also did in that lifetime as Jesus - when you let go of the limitations that have been commonly accepted, you realize your Fountainhead of joy.

- 1994-0520-029 The voice of the world and the beliefs that are passed down generation to generation would say that this is all there is and that you are lucky if you are born with a healthy body and that you can live a certain number of years and die peacefully in bed. That is the most that one can hope for. Well, beloved ones, you know that there is much more than that. And that is where your joy comes from. Your joy comes from allowing yourself the awareness that you are totally unlimited.
- 1994-0520-030 For what you can imagine, you have been or will be if you so choose. Nothing is off limits to you as the holy Child that you are. All of you, as you sit in this room, if there would be an aspect about your life that you would see differently, that you would see changed, know you that you can abide with that and all wisdom will be revealed unto you how to change it. For you are the creator moment by moment of your experience and it is your divine birthright as the Child of our Heavenly Father to experience joy. It is yours for the claiming.
- 1994-0520-031 **As the great Gods that we are, all of us - it is not just I, Jeshua ben Joseph, the one who has been called the Christ. It is you, as well, who are the Christ. You are the chosen, as has been said earlier this evening. You are the chosen of God. Not because God has said, "Well, yes, you are worthy. I will choose you. But I'm not so sure about you. Well, yes, I will choose you." It is not that way at all. You are chosen of God because you have chosen to come Home again. You have chosen to come into the full realization and awareness of Who you are and to claim it in this lifetime.**
- 1994-0520-032 That is why you are chosen: because you have chosen your Self - the Self with a capital "S". You have chosen, you have decreed. And as the Son decrees, so be it, because you are a great God, the same as what has been ascribed unto me as Jesus the Christ. The same qualities are yours as well. It has only been the limitation of thought that has held you in a place of saying, "Well, Jesus could do it but not I. If I'm lucky enough to have another thousand lifetimes, perhaps I can perfect myself to the place where I might understand what He did. And maybe if I'm good enough, I might be given the key to the Kingdom."

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- 1994-0520-033 Even now, beloved one, you hold within yourself the key to the Kingdom. For the Kingdom is Who you are. The Kingdom is within because it is you when you remember to breathe and to come again unto that place of the Heart, that place of perfect stillness and peace, and to connect with the oneness that you are. Then you are immediately in the Kingdom. The Kingdom is not afar off. It is not something that you have to get down on bended knee and pray for – although you may do that if you wish. The Kingdom is within because it is you. It is your true nature and you carry it with you always as you.
- 1994-0520-034 There are many times that you choose to turn the focus of your attention unto the activities of the world and to get so caught up in what the activities and the judgments would be that you forget the Kingdom. But the Kingdom is never lost from you. For whenever you choose to abide in the heart as the One that you are, immediately the Kingdom is restored unto you for it has always been there.
- 1994-0520-035 This is what you are discerning now. This is the great gift that you are giving unto yourself: the gift of saying, "I have had so many grand adventures. I have tried so many different ways to express, and truly I did a grand job with all of them. But there must be a way of more joy. There must be a way of knowing Who I am and coming into the fullness of my Christhood." That is the threshold upon which you stand this evening, for you are your Father's only creation. You are Light, the energy of Light, and you are Love. Light experienced as Love.
- 1994-0520-036 It is very difficult to take what is infinite and to put it into words and concepts that the mind will understand. That is why when we speak of Love there is a faint glimmer of understanding. There is like a small light that goes on that you understand that Love feels expansive. Love feels that you are opening the heart, allowing the shutters of the heart to be flung wide open and to pour out Who you are unto your brothers and sisters.
- 1994-0520-037 Love feels like sunshine. Love feels like the grandest song upon Earth – and truly it is. And yet, Love as Who you are is much more than that. Love is a power, a power of beingness, a power that you would describe as being exhilarating, exciting, yes. Totally unconditional. It has no strings attached. It makes no judgments. It is forever ongoing and ever expressing. It is very much alive.
- 1994-0520-038 It is what transports you from the place where the focus of attention would be right here, on a small point of focus, to the place where you behold all of the universes that you have created and you call them good.



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That is the Love that you are. Very much alive and well. Yes. Each and every one of you expressing in beautiful form the Lights that you are, allowing yourself to feel even in the emotions the unlimitedness of your Self.

- 1994-0520-039 Emotions, beloved ones, are energy in motion. That is what emotions are, and it is good to express them, to allow them to flow - even the ones that you would see as being of anger and of frustration and of sorrow. Do not keep the lid tightly upon those emotions. Allow them to be spent.
- 1994-0520-040 It is as you would go unto one of your stores and you would purchase something with your golden coins. You would spend the golden coins in exchange for something that you wanted. It is the same with emotions. Allow those emotions to be spent. If great sorrow comes up, allow the tears to flow. If anger comes up, allow it to be expressed - not in a destructive way where you would pound upon another brother or sister, but allow it to be expressed to the Heavens.
- 1994-0520-041 If there is frustration, acknowledge it. Allow it to be expressed. For know you what lies on just the other side of the spending of that emotion? There comes a grand gift that you have just bought. It is the gift of peace.
- 1994-0520-042 If you sit upon the emotions, that is exactly what you do. You sit upon them as a brooding hen would sit upon the nest, upon the eggs. And you sit upon those emotions and you sit upon those emotions until they hatch into something else which is even harder to take care of. Allow the emotions to be spent. They will not devastate you. They will not do you in, as the statement comes. I find that word in my beloved teacher's mind. They will not do you in.
- 1994-0520-043 What you will find on the other side of having spent them is a grand gift that you give unto yourself: the gift of peace, the gift of release. For, have you ever experienced a grand sorrow or a grand anger and you have allowed that to just go? You have gotten into it as the actress that you are. Have you ever done that, beloved one? Yes, of course. And you have gotten into it as the grand actress that you are and you have said, "Aaaaah!" You've just really gotten into it with all of the dramatics. You played your part very well. Or you've been into grand sorrow and you have allowed the tears to flow.
- 1994-0520-044 What happens afterwards? You get unto a place where you feel completed with that, and truly you are. You come unto a place of grand peace where you remember to breathe in the golden white Light that you are and you connect again with Who you are.



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- 1994-0520-045 Emotions are your grand friends. Do not deny them, for if you deny emotion, you store it somewhere in the body and that is not the function of the cells of the body, to store emotion. They will do it for you as the servant that they are. They will store that emotion for you but it is not their function and they do not do it with ease. It is a heaviness and they become constricted, and you find yourself in what is termed in your world, with a disease. For it is not the function of the cells to store your emotions. It is the function of the cells of the body to express the Light that you are and to express it in freedom and in joy.
- 1994-0520-046 So when you feel an emotion coming up, do not deny yourself that emotion. It is your friend. It is telling you what you believe about yourself or about your brothers or sisters or about the world. It has a grand message in it. Allow yourself to spend those emotions, and then when the peace descends, abide in the peace and ask, "What was the message of all of this? What does it tell me about my beliefs about myself or about the others that I see?"
- 1994-0520-047 Allow the emotions to be spent. Come again unto the place of joy, for joy is the other side of the coin, as you would see it - the other side of frustration, of sorrow, of confusion, of doubt. Allow those emotions to be spent, and then abide in the peace and come Home again to the joy that you are.
- 1994-0520-048 For I will share with you that when you sit, having spent the emotion, when you sit in the heart and ask of that emotion, "What was that all about?" and if you are truly honest with yourself - which you will be, for you will find that if you are not honest with yourself, another emotion will come up that you will then have to go through releasing, so after awhile you will become very honest with yourself because you will see that it is the fastest way to where you want to be - when you abide in the heart and you ask, "What was going on here?" you will see that it has been as the grand play upon the stage, each one acting from the place of their belief of what they thought themselves to be or what they thought the world to be, and you will laugh. You will come unto that place of joy for you will see that it has been nothing more and nothing less than a play upon the stage of life.
- 1994-0520-049 You have some grand playwrights who have written words to that effect: that all the world's a stage. It was a grand insight of inner wisdom that that one had when he wrote those words. And you, if you will receive it, beloved ones, you are all grand playwrights as well, for you are scripting moment by moment the play that you are in and it is the very play that brings you Home. It is a grand gift that you give unto yourself even in

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moments of confusion and sorrow. It is a grand gift that you give to yourself if you will abide with it as a blessing. If you abide with it as a curse, as they would say, as something that would be negative, and you would judge it to be negative, guess what? It will come up again for you and again until you greet it as a friend and allow yourself to spend the emotions, to come unto your own place of joy.

- 1994-0520-050 That is what all of this lifetime is about for all of you. That is why you have chosen to be here at what is known as the ushering in of a new age. You have desired to bring forth this new age upon this plane. And, I will share with you, it is not the first time that you have done this. For truly, you were with me in that lifetime when I was known as Jeshua ben Joseph and you ushered in a new age at that time. And then you would say, "But, Yeshua, why am I back here, ushering in another age, and why do I not remember?" And I will say unto you, beloved one, you do remember. It is only when you buy the voice of the world that would say that this is all there is that you get stuck in a limitation.
- 1994-0520-051 When you abide in the Heart that you are, that place of stillness, you know yourself to remember all of the ages. You can connect with all of the lifetimes you have ever lived if you so desire. You can sit in silence and in peace and ask to have them come forward for you as a movie would be, as a video would play for you, and you can call them forth and you will have, as you have already experienced, you will have scenes that will come up in the mind's eye of other lifetimes, other places where you have been, and you will say, "How can that be? I've never been there in this lifetime." And yet, you have been there and you have experienced. You have experienced all, and it is good.
- 1994-0520-052 It has been for the joy of expressing. That is what you are doing right now, beloved ones. You are in the joy of expression, expressing Who you are, very much alive and well. Be in joy with yourself, beloved ones, as I am in joy with you. You are truly beautiful.
- 1994-0520-053 All of you have much to share with your brothers and sisters. All of you have chosen to be here at this time in this design pattern so that you can speak with your brothers and sisters in a language that they will understand. For truly, as you know, there are many who will not accept the demonstration that is now occurring right here in this room. There are many who would say, "That cannot be. That is too far out for me," and yet, you have had the openness of heart and of mind to entertain the possibility that you can commune with one who supposedly laid down the body a long time ago and has ascended to the right hand of God and sits somewhere, I do not

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know where, up there looking down upon all of what transpires here and judging it.

- 1994-0520-054 Beloved ones, I do not judge anything. I see you as the perfection that you are. I see you as the Light that you are. Do you know that when I look upon you, I do not see the body? I see the Light that you are. It takes a certain amount of focus to bring in to a limited area what would be known as the body, the focus of the face. I do not see that when I behold you. I behold the Light that you are. I behold the non-separation, for your Light, beloved ones, extends so far out it intermingles with the Light of each one in this room - everyone of you. So that if you were... and you can do this, all of you, right now. Imagine yourself to be up on the ceiling. Imagine yourself to be up on the ceiling looking down at the group that is gathered here, and imagine that you see each one sitting in the chair as a Light blob. Put yourself on the ceiling and see yourself looking down at this circle of Light blobs and see how the Light of each one flows into the Light of everyone, how this whole room is filled with Light.
- 1994-0520-055 And if you will receive it, beloved ones, this room is truly filled with Light for there are many of what you would know as Light beings who are not expressing with the molecules of physicality who are here with us this evening: all of the ones that you would call upon, all of the masters and the teachers, all of the guardian angels as you would call them, all of the ones who have been the loved ones who have laid down the body and have gone on - supposedly. They have gone nowhere from you. They are here instantly with you as you think upon them. They are here as the Light beings that they are, in this room, mingling with the Light that you are.
- 1994-0520-056 Think upon that the next time you feel alone. You are never alone. Even when you would be doing what is called taking your shower, you are not alone. But you need not feel modest about that, for the body is beautiful. And the Light beings do not see the body. They see only the Light that you are, and you are beautiful. Each and every one of you. That is the joy of Who you are.
- 1994-0520-057 See yourself in the next twenty-four hours... I will set you another homework assignment. Last night it was to look at eyebrows. In this next twenty-four hours, look upon yourself in the mirror and look upon your brothers and sisters and see the Light blob that you are and that they are. Do not see the body. Yes, you will see that first, but then allow yourself in what would be termed imagination first - that is where you can start; we will call it imagination - look upon each one and see the Light that they are, the Light that is activating the molecules of physicality known as the body.

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And each Light blob has a name. The Christ Light known as Enid. You are Christ Enid. Each one of you, take your own name and know that you are Christ. Name your brothers and sisters when you greet them - you may either speak it out loud to one as they will understand, or if it is a language that they would not understand, you can speak it mentally to them - and greet them as the Light that they are, as the Christ that they are. And see, in your imagination, see them as the Light blob walking about. It will expand your understanding of Who you are and it will expand their understanding of Who they are even though no words are spoken.

- 1994-0520-058 For truly, there is not separation. And as you behold them as the Light that they are, guess what, beloved ones? They will feel this. There will be an expansion of their energy that will feel welcome in your presence, and know you what happens when one feels welcome? There is love. There is joy.
- 1994-0520-059 Extend unto everyone that you meet the joy of seeing their Light. That is the fountainhead of joy: seeing the Light that they are, and beholding your own Light in what is termed the mirror. Think how wonderful you are as creators that you have brought forth something that is of glass with a metal surface on the back that reflects to you your Light. Who would have thought it?
- 1994-0520-060 In my day and time - which was your day and time as well - we had to find a still pool of water to look in. In some ways I suppose that was more of a gift and a blessing to us, for then we had to look with the eyes of the inner self most of the time to behold our Light and to know Who we were. We did not look to the outward appearance as much as you experience in this day and time. But you can use all things to see the Light that you are, for you are the ones who are calling forth all of the inventions, all of the developments as you would call them, all of the technological advancements. And yet, they are not so much advancements as they are remembering.
- 1994-0520-061 For know you, you have lived in other ages of great technology? You have lived in other ages where there was technology that was used not for the betterment of the life expression upon this plane, and that is why many of you and your brothers and sisters have what would be called the - the best word I can find in my beloved teacher's mind is the warning bell, the alarm that goes off and says to stop and to pause, to see how this invention or this development of energy - such as nuclear energy - how it is being used and does it benefit mankind/womankind? Does it benefit our Holy Mother, the Earth? For you have lived and expressed in other times when the technology was not used for the betterment of the expression of life upon

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this plane. And so there is a voice within you that calls out and says, "Be very vigilant how you are using this power."

- 1994-0520-062 That is again what you are experiencing: a resurgence of awareness of how power is used. And do you see the symbolism in this? Even as you would see power outside of yourself and you would ask and be aware of how this power is being used, it is symbolizing to you to be aware of your power, the power of your beingness and how you are using that power to express.
- 1994-0520-063 There are always levels and levels and levels of meaning in everything that comes before you. Abide with each thought and ask of it, acknowledge it and say, "Yes, I see what your surface meaning is," the obvious meaning. And abide with it and say, "What more do you bring me? What remembrances are in this?" And abide with them as the scholar that you are and that you have been in ancient times, where you studied all of the ancient texts and you studied the heavens and you asked yourself, "How does this all fit together? What is the deeper meaning of the heavens?" And you studied and you gave forth great wisdom unto your brothers and sisters, wisdom that was as a symbol of Who you are as the holy Child.
- 1994-0520-064 For all wisdom that you see and that you acknowledge in your creations upon this plane speak to a deeper level of understanding, speak to the level of coming Home, of returning again unto the Fountainhead of joy that you are and unto that place where you awaken one morning and you say, "I feel so happy. I don't know why I feel so happy, but I just feel bubbles of joy within me. I know that I am the holy Child of my Heavenly Father and I know that all is good."
- 1994-0520-065 Treat yourself each day to that feeling. Awaken in each morning, awaken and greet the holy Child that you are in each morning and ask of yourself, as we suggested last evening, ask of yourself, "What would the holy Child like to do today?" And whatever comes to mind, beloved one, do it. Even if it would be to take the day off and not to go to your place of employment. Why, heaven forbid, the employer might get upset.
- 1994-0520-066 Do you know that your employer, as you can personify that as one person - and I know that sometimes you work for larger departments - but do you know that your employer has often been your employee in other lifetimes? And you have just agreed to reverse the roles in this lifetime so that you could experience how it feels to be the employee of the other one who is the employer.

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- 1994-0520-067 It is just you have said, "Well, here, I'll trade you script for script. You play this script. I'll play another one and we will see how it feels this time around." That's all it is.
- 1994-0520-068 For your employer is not your source of the golden coins. Your employer is not the source of your abundance or of what provides for your bodily ease, of what needs to keep the body in good working order. Your employer does not do that. Your employer is your coconspirator, I suppose. Yes, the conspirator, for you breathe together of the inspiration that you are - yes, your coconspirator.
- 1994-0520-069 But you are the one, as the energy that you are, who manifests everything - even down to what would be seen as something beautiful to wear {Jeshua picks up Judith's necklace} that could be taken unto another one and you would say, "In exchange for this... what will you give me in exchange for this?" Yes, you see {one offers him an exchange} and there you are. We did not even need the golden coins. We just exchanged energy for energy. That is what this is. It is energy in what you would call a tangible form. That is what your money is. It is energy in a tangible form that speaks a language and you can take and exchange it for something that you desire.
- 1994-0520-070 {Jeshua reaches into Judith's pocket and pulls out a Jamaican one hundred dollar bill.} I think my beloved one has... indeed. And you can take what is a piece of paper that has meaning, has a value. It has a value because you have agreed that it has a value. Otherwise, it is nothing more than a piece of paper. {Jeshua tosses the bill in the air and allows it to float to the floor.} But you have all agreed that you will place a certain value on that piece of paper and that when you take it to another one they will see the value in it and they will exchange with you according to what the agreed value is.
- 1994-0520-071 And you have seen how the paper changes in value. I believe you have experienced that in your own country. A lot, yes. You have seen that. The paper is not your source of keeping the body in good shape or of keeping the roof over the head or buying what you would see that you desire to buy for yourself. You are the one who is calling forth this medium of exchange. You are the consciousness of the energy that says, "I would like to exchange part of my energy for something that I believe you can give me."
- 1994-0520-072 And you know this to be true: that if you do not have the golden coins or the paper in the pocket, you can go and offer, "I will give you so many hours of my time in doing something for you. You will give me something in exchange that I want. Perhaps it will be exactly what I want or I will take

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what you give me and then I will exchange it with someone else for what I do want" - like taking the paper to the store.

- 1994-0520-073 You are the source of the energy. You are the source of the value that you put upon that piece of paper. You are the ones who have agreed - believe it or not. You may feel that it is others - the great "They" out there - who have decided what it is. And yet, there is no "they" outside of you. You are all coconspirators in this.
- 1994-0520-074 You are the energy that keeps everything moving, keeps everything exchanging - as it is with the grand songs that you sing, exchanging vibrations. You keep all of that energy in motion; you uplift the spirits. It is a grand gift that you give unto ones, allowing them to come forth and express Who they are in vibration, in tone, even to get in touch with the very tone that they are. For each one of you, if you will receive it, vibrates at a certain level and has a certain tone that is your very own. Every one of you.
- 1994-0520-075 You are your own Fountainhead of joy. It is no magical, mystical thing that is afar off. It does not come from a great God out there somewhere who would turn on the joy like it would be turning on a water faucet and allow it to pour forth on you if you are good enough. It is not that at all.
- 1994-0520-076 You are the Fountainhead of your own joy as you remember Who you are and as you allow that to express in grand freedom. You are truly joy as the holy Child. You, beloved ones, are the joy of our Heavenly Father.
- 1994-0520-077 As you find yourself in grand laughter, as you share with each other, yes, the jokes upon this plane, the humorous stories, the times when you would find the words that have perhaps the double meanings and they have humor in them, you allow the joy that you are to express.
- 1994-0520-078 As you allow yourself to know the holy Child that you are, the whole Child that you are, you come into such a place of joy that it cannot be contained, and you will share it with your brothers and sisters, not because it is a grand mission to do; you will do it because you cannot stop yourself. You will do it because you will be as I am: you cannot wait to be in contact with another and to share with them the joy of being alive - which you always are, whether you are expressing with the body or whether you are expressing as the Light that you are, as the Light being, the angel that you are, whatever. You are always alive and it is a grand joy. And you will come - if you so desire - you will come, and if you can make an arrangement with one who will lend you their body, you will come and you will talk with others, such as we are doing right now, for the sheer joy of it.



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- 1994-0520-079 You will share your joy because there is nothing else to do. I share with you this evening the grand secret that there is nothing else to do except to be the joy of the Heavenly Father. The world would say unto you that there is much that you must do and accomplish, and yet, the grand secret is the simplicity of it all: the simplicity that you have expressed earlier of coming into that place of the Heart, the place in meditation, that place of stillness that knows all Truth, and you awaken, and you have a grand laugh. And you say, "The Father and I are one. I thought the Father was way far off somewhere. The Father and I are one." If I am Life and you are Life - and I assure that you are - I and the Father are one; you and the Father are one. And such a grand laugh you will have with that for there is nothing more that you need. Nothing more.
- 1994-0520-080 That is your fountainhead of joy. That is the grand secret which has never been a secret except as you would turn the focus of your attention elsewhere. It has never been kept secret but it is so simple that it has been thought to be afar off. And it is Who you are.
- 1994-0520-081 In closing this evening, it would be fitting to do what you would call a simple meditation, of connecting again with the joy in the heart.
- 1994-0520-082 I would invite all of you to breathe in the golden white Light that you are. Visualize around you the golden white Light. This is Who you are. Breathe it deeply within the cells of the body.
- 1994-0520-083 Breathe in the golden white Light that you are and take it deep within every cell of the body. Feel it stretching down to the toes and out from the toes.
- 1994-0520-084 Breathe in the golden white Light that you are and take it deep within what you would know as the heart chakra, into the heart. Exhale the Love that you are.
- 1994-0520-085 Breathe in the golden white Light that you are and take it deep within the solar plexus and feel the sun that you are turned on in that area. Feel yourself as a radiating sun of Light. Exhale the Love that you are. Breathe in the golden white Light that you are and take it into what would be known as the throat chakra, into the very powerful place of speaking. Breathe in the golden white Light deeply into every cell of the body and feel it filling every cell and expanding, and breathe out the Love that you are.
- 1994-0520-086 Breathe in the golden white Light that you are. Feel yourself one with the Light that you are. Exhale the Love that you are.

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- 1994-0520-087 Breathe in the golden white Light that you are and know yourself to be a center of radiating Light that reaches out to everyone sitting beside you, in front of you, in back of you, to everyone in this room. See the Light that you are expanding into all of this room. Breathe out the Love that you are.
- 1994-0520-088 Breathe in the golden white Light that you are and feel yourself exhilarated by the energy of that Light. Feel yourself alive in every cell of the body, and breathe out the Love that you are.
- 1994-0520-089 Breathe in the golden white Light of the Heavenly Father and know your oneness with the Father, Who is always with us. And abiding in that place of Love, remember yourself as a child in this lifetime. Remember yourself as the little child that you still are in the heart and speak unto this child of the heart what you would share with that child now.
- 1994-0520-090 Take this child of the heart by the hand and share your Love and your Light with the child that you are. Tell this child, "You are loved." Tell this child, "You are joy and you are free to express the joy of the child." Tell the child that you are that you love it, that you are one with this child, that you will allow it to play, that you will allow it to express the Love that it is in grand freedom.
- 1994-0520-091 Breathe in the golden white Light that you are and take it deep within the heart. Shower the child that you are with the radiance of the shimmering Light that you are. See the Light that you are blessing the child and know that you are that child. You are your Heavenly Father's only Child.
- 1994-0520-092 Breathe in the golden white Light that you are. Take it deep within every cell of the body and express unto every cell of the body your gratitude for what it allows you to express. Share with each cell of the body the laughter of the holy Child. Allow the healing of every cell. Allow the wholing of every cell. Allow every cell to know the wholeness that it is. Allow it to radiate the Light that you are.
- 1994-0520-093 Connect again with the Fountainhead of joy that you are, the Fountainhead of Love, which is pressed down, overflowing, pouring out eternally the Love of the Heavenly Father.
- 1994-0520-094 Breathe in the golden white Light that you are and see yourself connected one to another as an endless stream of Light, filling this whole room with Light, and exhale the Love that you are, filling this whole room with Love.
- 1994-0520-095 And now, beloved ones, in that space remember to look upon all of your brothers and sisters as the Light that they are. See them as walking blobs of Light. See them as what your cartoonists would draw them, as a walking

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blob of Light. And it is the Truth of their being and it will bring joy to your heart and to your lips. You will find yourself smiling as you see and behold each of your brothers and sisters as the blob of Light that they are, the infinite blob of Light.

- 1994-0520-096 Know that you are loved with an everlasting Love for you are that Love. You can never be apart from it for it is Who you are. Remember the peace of the heart. Remember the peace that you are right now and that you experience right now, and take it into every relationship, every encounter, for it is the Truth of your being. And remember the joy of the holy Child, for that is truly Who you are.
- 1994-0520-097 You are free now to express in freedom the joy of Who you are. Go forth from this evening, beloved ones, in joy. Share the good news with all whom you meet. And know that as you share the joy that you are, I experience the joy that we are, for we are as one. Always I am with you, as you.
- 1994-0520-098 I honor you for the Love that you are and for the courage that it takes to live your Truth. I honor you for the courage that it takes to come into the fullness of the joy that you are. I honor you for the courage of your awareness to know and to live as the Fountainhead of joy.
- 1994-0520-099 So be it.